



***Boost the performance of your people by ensuring you have a culture of care relating to Stress in the workplace***

# Get your ***Business Stress Check!***

## **KEY POINTS**

### ***Fact Number One***

- \* In recent months, 6 cases of claimants being awarded up to £300,000 in damages - plus legal costs

### ***Fact Number Two***

- \* Stress costs the UK economy £7 billion per year

### ***Fact Number Three***

- \* Each day, 270,000 workers take time off due to stress related illnesses

**What to do next .....**

**If you have any concerns that your company needs to do more about Stress Management for your colleagues, then this Breakfast Seminar will reveal ideas to address this issue. Unbelievably, stress is still largely ignored by many employers - DON'T LET YOUR COMPANY BE ONE OF THEM!**

### ***Why attend?***

1. **Employers have a 'duty of care'** to work within the current employment legislation, which states that employees should be protected from injury - both physical and mental. It becomes increasingly important to take a lead in promoting that culture.

### **Do you have a healthy approach to stress levels in your business?**

2. **You could be paying the price** for lack of performance from stress, without even knowing it. Damages and costs are escalating in real terms - not only financially, but in damaged reputations - Industrial Tribunal cases are widely reported, making target companies less attractive to high-performing quality candidates (not to mention your customers).
3. **Your key staff will not put up with unnecessary stress** at work for very long; they increasingly know their rights. So you could easily lose the people that really matter to your business - and your competitors could gain from their knowledge. Don't risk that happening by ensuring that stress levels are managed.

### ***Who should come?***

Managers and Directors with responsibilities for ensuring that a duty of care for injury - both physical and mental - is present within the company.

**We can offer you an insight into what causes people to become stressed in the work environment and aspects of a duty of care culture.**